What people say

"The information was great. It helped me find the best possible solution for my children."

"It helps you understand how your children think, and how you can make separation easier on them."

"It's nice to learn with others who are going through the same experience."



Parenting through Separation is provided at these Family Works sites:

Family Works Tauranga
126 Eleventh Ave, Tauranga 3110
Ph: 07 575 9709 | admin.tauranga@fwn.org.nz

Family Works Whakatane
156 The Strand, Whakatane 3120
Ph: 07 307 1133 | admin.whakatane@fwn.org.nz

Family Works Rotorua
48 Biak Street, Mangakakahi, Rotorua 3015
Ph: 07 349 0990 | admin.rotorua@fwn.org.nz

Other Family Works services are provided in these areas:

Family Works Whangarei
16 Mair St, Regent, Whangarei 0112
Ph: 09 437 6729 | admin.whangarei@fwn.org.nz

Family Works North Shore
(Offices based in Mairangi & Castor Bays Presbyterian Church centre)
10 Penzance Road, Mairangi Bay, Auckland 0630
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works West Auckland
2171 Great North Road, Avondale, Auckland 0600
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works Leslie Centre
37B Dornwell Road, Mt Roskill, Auckland 1041
Ph: 09 639 2016 | admin.lesliecentre@fwn.org.nz

Family Works South Auckland (Te Hononga)
10 Mahia Road, Manurewa, Auckland 2102
Ph: 09 269 1009 | admin.tehononga@fwn.org.nz

Family Works Waikato (Te Ara Hou)
100 Morrinsville Rd, Hillcrest, Hamilton 3216
Ph: 07 858 4413 | admin.waikato@fwn.org.nz

Family Works Taupo
Waiora House, 100 Kaimanawa Street, Taupo 3330
Ph: 07 378 6480 | admin.taupo@fwn.org.nz

Provided by Presbyterian Support Northern
Charity #CC21532

Familyworks
Presbyterian Support Northern

Parenting through Separation

Putting children first





Separating from your partner?

Separating from your partner can be stressful but when children are involved, the process can be even harder.

Parenting through Separation is a free programme, funded by the Ministry of Justice, that helps you focus on what's best for your children when you separate.

Anyone involved in parenting arrangements for children can attend, including separating or separated parents, grandparents and other family/whānau members. The course is free.

Programme topics

Parenting through Separation focuses on the wellbeing of your children.

It covers topics like:

- how separation affects children
- talking with children about separation
- talking with ex-partners about arrangements for the children
- how to make a parenting plan
- keeping children away from conflict
- support services in your local community
- how the Family Court works

You'll also be given free take-home materials that will help you and your children deal with separation.



What happens during the programme?

You'll be in a small group of up to 10 people. A trained programme leader will provide information and you will be able to discuss parenting issues and ask questions if you wish. The programme takes about four hours, usually in two sessions of two hours each.

Who else will be there?

The programme is for adults at any stage of separation. Children do not attend, but grandparents and other family/whānau members may attend if they are involved in your children's care. Your new partner can attend too.

Everyone who attends the programme is asked to provide photo identification. At the end of the course, you will receive a certificate confirming your attendance.

Will my ex-partner be there?

No. It is best for both parents to attend the programme but at different times. The programme is designed to help you focus on your children's needs during separation. Family dispute resolution can be organised if you and your ex-partner need help agreeing on how your children will be cared for.

How do I get into a programme?

To find a course near you, contact Family Works (see back page for details).