

What people say

“

“Moving forward in a positive light, trying to ‘break the cycle’ for my boys to have healthy relationships in the future.”

“

“All the support, information, amazing women showing it is ok to talk about it and showing me we aren’t alone. Thank you all.”



Restore is provided at these Family Works sites:

Family Works Tauranga

126 Eleventh Ave, Tauranga 3110
Ph: 07 575 9709 | admin.tauranga@fwn.org.nz

Family Works Whakatane

156 The Strand, Whakatane
Ph: 07 307 1133 | admin.whakatane@fwn.org.nz

Family Works Rotorua

48 Biak Street, Mangakakahi, Rotorua
Ph: 07 349 0990 | admin.rotorua@fwn.org.nz

Family Works Whangarei (Genesis Centre)

16 Mair St, Regent, Whangarei
Ph: 09 437 6729 | admin.whangarei@fwn.org.nz

Family Works Waikato (Te Ara Hou)

100 Morrinsville Rd, Silverdale, Hamilton
Ph: 07 858 4413 | admin.waikato@fwn.org.nz

Family Works Taupo

Waiora House, 100 Kaimanawa Street, Taupo
Ph: 07 378 6480 | admin.taupo@fwn.org.nz

Other Family Works services are provided in these areas:

Family Works North Shore (Offices based in Mairangi & Castor Bays Presbyterian Church centre)

10 Penzance Road, Mairangi Bay, Auckland
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works Waitakere

2171 Great North Road, Avondale, Auckland
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works Leslie Centre

37B Dornwell Road, Mt Roskill, Auckland
Ph: 09 639 2016 | admin.lesliecentre@fwn.org.nz

Family Works South Auckland (Te Hononga)

10 Mahia Road, Manurewa, Auckland 2102
Ph: 09 269 1009 | admin.tehononga@fwn.org.nz

Provided by Presbyterian Support Northern
Charity #CC21532


Familyworks
✱ Presbyterian Support Northern

Restore

Helping children affected by family violence



Welcome to Restore

Family Works is here to help children feel safe at home and support those who are affected by family violence.

Family violence can take many forms – physical, emotional (through neglect), sexual or psychological.

Children who are struggling to deal with the effects of family violence may have the following symptoms:

- being withdrawn
- unhappy
- angry
- overly compliant
- anxious
- may be lacking energy

Our Restore programme is designed to help children and young people to:

- overcome the effects of family violence
- develop ways to resolve problems and resolve conflict without violence
- have a safety plan and feel safe
- increase self-esteem
- build positive, healthy relationships

Restore is a group or individual programme with age-appropriate content, run by trained Family Works facilitators. Some sessions include parents and caregivers; otherwise, you will be on the same premises when your child is attending the programme.

If delivered as a group programme in Rotorua, parents and caregivers are required to attend all sessions.

Programme topics

The Family Works Restore programme aims to help children/young people understand and deal with the effects of violence and abuse.

Topics include:

- learning how to express feelings about violent experiences
- developing a healthy sense of self
- how to meet your own needs without hurting others
- how to keep yourself safe
- learning to solve problems positively

Parents and caregivers will learn ways to:

- address challenging behaviour
- encourage positive behaviour
- build healthy family relationships
- make sure positive change is lasting



What happens at the programme?

Restore is run during school term time and consists of eight weekly sessions of up to two hours each. We run the programme for separate age groups: 5 to 7 years old; 8 to 12 years old; and 13 to 17 years old.

Before you start the programme, you and your children will talk to a family worker about your needs. This helps us make sure the programme is appropriate for you.

Children and their safe adult spend time together throughout the entire sessions (Rotorua). Sessions include group discussion, video clips and fun, practical activities facilitated by experienced Family Works staff. The programme ends with a celebration of the lessons learnt and positive changes made.

Please note: To make sure children/young people are safe, we ask parents/caregivers to complete an appropriate family violence programme themselves, either before or at the same time as Restore.

Who are we?

Family Works Northern delivers social services to support children and families to learn, grow and thrive.

We're part of Presbyterian Support Northen, a charitable social services provider which strengthens New Zealand families as they face life's challenges.