

What people say

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“Moving forward in a positive light, trying to ‘break the cycle’ for my boys to have healthy relationships in the future.”

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“All the support, information, amazing women showing it is ok to talk about it and showing me we aren’t alone. Thank you all.”



WAVE is provided at these Family Works sites:

Family Works Tauranga

126 Eleventh Ave, Tauranga 3110
Ph: 07 575 9709 | admin.tauranga@fwn.org.nz

Family Works Whakatane

156 The Strand, Whakatane 3120
Ph: 07 307 1133 | admin.whakatane@fwn.org.nz

Family Works Rotorua

48 Biak Street, Mangakakahi, Rotorua 3015
Ph: 07 349 0990 | admin.rotorua@fwn.org.nz

Family Works Waikato (Te Ara Hou)

100 Morrinsville Rd, Hillcrest, Hamilton 3216
Ph: 07 858 4413 | admin.waikato@fwn.org.nz

Family Works Taupo

Waiora House, 100 Kaimanawa Street, Taupo 3330
Ph: 07 378 6480 | admin.taupo@fwn.org.nz

Other Family Works services are provided in these areas:

Family Works Whangarei

16 Mair St, Regent, Whangarei 0112
Ph: 09 437 6729 | admin.whangarei@fwn.org.nz

Family Works North Shore

(Offices based in Mairangi & Castor Bays
Presbyterian Church centre)
10 Penzance Road, Mairangi Bay, Auckland 0630
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works West Auckland

2171 Great North Road, Avondale, Auckland 0600
Ph: 09 835 1288 | admin.waitakere@fwn.org.nz

Family Works Leslie Centre

37B Dornwell Road, Mt Roskill, Auckland 1041
Ph: 09 639 2016 | admin.lesliecentre@fwn.org.nz

Family Works South Auckland (Te Hononga)

10 Mahia Road, Manurewa, Auckland 2102
Ph: 09 269 1009 | admin.tehononga@fwn.org.nz

Provided by Presbyterian Support Northern
Charity #CC21532


Familyworks
✱ Presbyterian Support Northern

WAVE (Women Against Violence Education)

Enhancing the safety of women





Welcome to WAVE (Women Against Violence Education)

All people in Aotearoa have the right to live violence-free, but for many women in relationships this right is denied. Unfortunately, many women in New Zealand are subjected to physical, psychological and/or sexual abuse.

Fortunately, education and support such as that available from Family Works Northern's Women Against Violence Education (WAVE) programme can help women to increase awareness and build strength in order to improve their situations.

WAVE is a Ministry of Justice approved programme for women who have been or still are in abusive relationships, and are interested in making more positive choices for themselves and their children.

How we can help

The WAVE programme is unique to Family Works Northern. It is specifically designed for women who have experienced family violence and is delivered by authorised, qualified female facilitators.

WAVE consists of a 10-session programme that provides information to women about the dynamics of family violence. It facilitates an opportunity for women to speak freely about their experiences whilst at the same time promoting effective safety planning.

The programme primarily involves group discussion with relevant videos incorporated into the sessions.



Who are we?

WAVE is a comprehensive programme that covers a wide range of topics.

It has five main themes:

1	Education about violence in a wider sense.
2	Education aimed at strengthening the understanding that accountability for violence rests with the person who commits it, not with those affected by it.
3	Encouragement for women to have positive lives to thrive in a positive environment for them and their children.
4	Support to develop a sense of entitlement to all basic rights.
5	Support to build self-acceptance and self-respect.

*For more information please contact us
for a confidential discussion.*