

## What people say

“It’s been great having the help to keep on top of things again. Life is much improved and the family atmosphere is a lot happier.”

“Strengthening Families has helped me so much. I couldn’t believe that all those people were there just to support me. I feel like I’m no longer alone but have a whole team of people to back me up.”

“I’m now much more confident in myself. Before, I didn’t know how to do anything myself, but now I feel I can take care of my family on my own. Family Works and Strengthening Families have done a lot for me and my kids.”

## Contact Family Works Strengthening Families is provided at these Family Works sites:

### Taupo

Tauhara Wing, Waiora House,  
129 Spa Road  
Taupo 3330  
Ph: 07 378 6480  
E: admin.taupo@fwn.org.nz

### Tauranga (Hillier Centre)

31 Gloucester Road  
Mt. Maunganui  
Tauranga 3116  
Ph: 07 575 9709  
E: admin.tauranga@fwn.org.nz

### Waitakere

2171 Great North Road  
Avondale  
Auckland 0600  
Ph: 09 835 1288  
E: admin.waitakere@fwn.org.nz

### Auckland (Leslie Centre)

37B Dornwell Road,  
Mt Roskill  
Auckland 1041  
Ph: 09 639 2016  
E: admin.lesliecentre@fwn.org.nz

[www.familyworksnorthern.org.nz](http://www.familyworksnorthern.org.nz)  
[www.facebook.com/familyworksnorthern](https://www.facebook.com/familyworksnorthern)

A service provided by



# Strengthening Families

Helps families reach their full potential

# Welcome to Strengthening Families



Strengthening Families is a process that helps families/whānau access the services they need to help them thrive.

All the people and agencies that could help your family are brought together. This might be a budget advisor, truancy officer, social worker, doctor, counsellor, teacher or other support worker. Together, you discuss your family's needs and agree on what everyone is going to do.

Strengthening Families is not a crisis service but is there to help your family/whānau before any problems get too big. The process is for families of all shapes and sizes when more than one community or government service is supporting or could support you and your family/whānau. It's a free service and completely voluntary.

**Family Works can help start the Strengthening Families process for your family.**

## How we can help

Some of the issues the Strengthening Families process can help with are:

- parenting issues and stress
- children's and teenagers' behaviour
- child physical health or disability
- mental health issues
- financial situation/budgeting/debt
- issues at school
- family relationships
- housing or benefits
- addiction
- family violence

### Benefits

Any agency can refer a family to Strengthening Families, or you can ask about it yourself. The process builds on your family's unique strengths and respects your culture.

Your family/whānau stays in control because you decide what information is shared and which agencies attend meetings. You only have to tell your story once. Everyone is involved, working together to make things happen.

Strengthening Families is about what happens next, not about what might have happened or gone wrong in the past.

**Please ask us how we can help. Contact Family Works and ask for Strengthening Families.**

## Who we are



**The Strengthening Families service in your area is available through Family Works Northern, a non-government social services provider.**

We're here to **champion** the cause of children/tamariki in your community and support you and your family/whānau to flourish.

If your family needs **support** from two or more services or agencies, please get in touch with your local Family Works site (see the back page for details).